

LASER HAIR REMOVAL PATIENT INSTRUCTIONS

Pre-Operative Instructions

- Two to three days before the procedure, shave the area to be treated and allow it to grow to a stubble.
- Discontinue the use of self-tanning agents, spray tans, tanning beds, and any other artificial pigment to the skin while undergoing treatment and at least three weeks prior to the first treatment.

Post-Operative Instructions

- The treated hair should exfoliate in approximately two to three weeks. You can help the hairs out by using a loofah or washcloth.
- Do not expose yourself to the sun without applying a sun block of SPF 30 or more. Be aware that the sun's harmful rays can penetrate clothing.
- Contact the clinic if any type of skin infection occurs. Additional treatments or medical antibiotics may be necessary.



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